

Saints Constantine and Helen Greek Orthodox Church

Church Address: St. Andrew Ukrainian Orthodox Cathedral

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May 19, 2013

CHRIST IS RISEN! - ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!

SUNDAY OF THE MYRRH BEARERS

ΚΥΡΙΑΚΗ ΤΩΝ ΜΥΡΟΦΟΡΩΝ

We welcome all visitors among us always! We hope you find our worship true and reverent and our people here friendly and cordial. If you are seeking a spiritual home, we would be honored by your presence in our family. We are glad you chose to worship with us today.

The NICENE CREED will be read in GREEK today

The LORD'S PRAYER will be read in ENGLISH today

Απολυτίκιον

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι ζῶην χαρισάμενος.

Apolytikion

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

The EPISTLE will be read in GREEK today

Ἰσχύς μου καὶ ὕμνησίς μου ὁ Κύριος.

Στίχ. Παιδεύων ἐπαίδευσέ με ὁ Κύριος.

Πράξεων τῶν Ἀποστόλων τὸ Ἀνάγνωσμα. (6:1-7)

Ἐν ταῖς ἡμεραῖς ἐκείναις, πληθυνόντων τῶν μαθητῶν, ἐγένετο γογγυσμὸς τῶν Ἑλληνιστῶν πρὸς τοὺς Ἑβραίους, ὅτι παρεθεωροῦντο ἐν τῇ διακονίᾳ τῇ καθημερινῇ αἱ χῆραι αὐτῶν. Προσκαλεσάμενοι δὲ οἱ δώδεκα τὸ πλῆθος τῶν μαθητῶν, εἶπον, Οὐκ ἀρεστὸν ἐστὶν ἡμᾶς,

καταλείψαντας τὸν λόγον τοῦ θεοῦ, διακονεῖν τραπέζαις. Ἐπισκέψασθε οὖν, ἀδελφοί, ἄνδρας ἐξ ὑμῶν μαρτυρουμένους ἑπτὰ, πλήρεις πνεύματος ἁγίου καὶ σοφίας, οὓς καταστήσωμεν ἐπὶ τῆς χρείας ταύτης. Ἡμεῖς δὲ τῇ προσευχῇ καὶ τῇ διακονίᾳ τοῦ λόγου προσκαρτερήσομεν. Καὶ ἤρесе ὁ λόγος ἐνώπιον παντὸς τοῦ πλήθους· καὶ ἐξελέξαντο Στέφανον, ἄνδρα πλήρης πίστεως καὶ πνεύματος ἁγίου, καὶ Φίλιππον, καὶ Πρόχορον, καὶ Νικάνορα, καὶ Τίμωνα, καὶ Παρμενᾶν, καὶ Νικόλαον προσήλυτον Ἀντιοχέα, οὓς ἔστησαν ἐνώπιον τῶν ἀποστόλων· καὶ προσευξάμενοι ἐπέθηκαν αὐτοῖς τὰς χεῖρας. Καὶ ὁ λόγος τοῦ θεοῦ ἤϋξανεν, καὶ ἐπληθύνετο ὁ ἀριθμὸς τῶν μαθητῶν ἐν Ἱερουσαλὴμ σφόδρα, πολὺς τε ὄχλος τῶν ἱερέων ὑπήκουον τῇ πίστει.

EPISTLE: The Lord is my strength and my song.

Verse: The Lord has chastened me sorely.

Acts of the Apostles. (6:1-7)

IN THOSE DAYS, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

The GOSPEL will be read in ENGLISH today

GOSPEL: The Reading is from Mark (15:43-47; 16:1-8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And

entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

EΥΑΓΓΕΛΙΟΝ: Κατὰ Μάρκον (15:43-47, 16:1)

Τῷ καιρῷ ἐκείνῳ, ἐλθὼν Ἰωσήφ ὁ ἀπὸ Ἀριμαθαίας, εὐσχήμων βουλευτής, ὃς καὶ αὐτὸς ἦν προσδεχόμενος τὴν βασιλείαν τοῦ Θεοῦ, τολμήσας εἰσῆλθε πρὸς Πιλάτον καὶ ἠτήσατο τὸ σῶμα τοῦ Ἰησοῦ. ὁ δὲ Πιλάτος ἐθαύμασεν εἰ ἤδη τέθνηκε, καὶ προσκαλεσάμενος τὸν κεντυρίωνα ἐπηρώτησεν αὐτὸν εἰ πάλαι ἀπέθανε· καὶ γνοὺς ἀπὸ τοῦ κεντυρίωνος ἐδώρησατο τὸ σῶμα τῷ Ἰωσήφ. καὶ ἀγοράσας σινδόνα καὶ καθελὼν αὐτὸν ἐνείλησε τῇ σινδόνι καὶ κατέθηκεν αὐτὸν ἐν μνημείῳ, ὃ ἦν λελατομημένον ἐκ πέτρας, καὶ προσεκύλισε λίθον ἐπὶ τὴν θύραν τοῦ μνημείου. ἡ δὲ Μαρία ἡ Μαγδαληνὴ καὶ Μαρία Ἰωσήφ ἐθεώρουσαν πού τίθεται. Καὶ διαγενομένου τοῦ σαββάτου Μαρία ἡ Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ἰακώβου καὶ Σαλώμῃ ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι ἀλείψωσιν αὐτόν. καὶ λίαν πρῶτὴ τῆς μῆρας σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον, ἀνατείλαντος τοῦ ἡλίου. καὶ ἔλεγον πρὸς ἑαυτάς· τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος· ἦν γὰρ μέγας σφόδρα. καὶ εἰσελθοῦσαι εἰς τὸ μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκὴν, καὶ ἐξεθαμβήθησαν. ὁ δὲ λέγει αὐταῖς· μὴ ἐκθαμβεῖσθε· Ἰησοῦν ζητεῖτε τὸν Ναζαρητὸν τὸν ἐσταυρωμένον· ἠγέρθη, οὐκ ἔστιν ὧδε· ἴδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. ἀλλ' ὑπάγετε εἰπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν· ἐκεῖ αὐτὸν ὄψεσθε, καθὼς εἶπεν ὑμῖν. καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου· εἶχε δὲ αὐτὰς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.

CHURCH ANNOUNCEMENTS:

♦ **ALTAR BOYS:** Matthew Altar Boy Group will be Serving in the Altar today.
Peter Koutras – Captain, Matthew Green, Steven Green, Nicholas Gerakis, Theodore Sideris, Michael Sideris

Mark Altar Boy Group will be Serving in the Altar on Sunday, May 26th:

Mike Pittas – Captain, Gabriel Psallidas, Andrew Ward, Andrew Nixon

♦ **HOPE/JOY:** Today, Sunday, May 19th we will visit Brookside Gardens Butterfly Exhibit right after services. (1800 Glenallan Avenue, Wheaton, MD 20902). Please see Georgia Ferentinos for more information.

♦ **GREEK SCHOOL:** School Graduation on Wednesday, May 22nd at St. Andrew Ukrainian Orthodox Cathedral, 4:30PM.

- ♦ **YAL:** The YAL is starting a new Greek Dance Troupe for those 16 years old to YAL age. We will start practices May 19th, on the stage, 15-20 minutes after services! Come ready to practice and have some fun!

YAL Brunch meeting today, at Grille Marx in Olney, right after YAL Greek Dance.

- ♦ **PHILOPTOCHOS:** Christos Anesti! We thank you very much for all of your contributions to our philanthropic endeavors throughout the year. Love, The Ladies Philoptochos.
- ♦ **COMMUNITY OUTREACH:** Dear Parishioners as you begin to plant your garden this year, please plant a little more for those in our community who are in need of some fresh vegetables for their families. The fresh produce will be distributed to these families through Manna Foods. Please bring any produce that you would like to donate in a box or bag to the church hall and a Community Service representative will take it to the Manna Food facilities. Thank you for your donations!
- ♦ **JUST A THOUGHT!:** Please know that anyone may make a monetary donation in lieu of a gift for a special occasion or a birthday, to our Nea Zoe Building Fund.

At this time many in our parish have elected to do so, and Nea Zoe gratefully accepts, appreciates, and acknowledges all such gifts!

- ♦ **FEAST DAY:** You are cordially invited to our Saints Constantine and Helen parish feast-day services May 20th and 21st. On Monday, May 20th, we will have Great Vespers at 7:00 PM. On Tuesday, May 21st, we will have Matins at 8:30 AM, followed by Divine Liturgy and a lite reception. All services will be held at our temporary location at St. Andrew Ukrainian Orthodox Cathedral, 15100 New Hampshire Ave., Silver Spring, Maryland 20905.
- ♦ **GROUND BREAKING:** On Saturday, June 15th, 2013 our Parish will host a Ground Breaking from 10:30 AM to 2 PM at the Church's future site, 701 Norwood Road, Silver Spring, MD 20905. A family-fun reception will immediately follow the ground-breaking, featuring tea sandwiches, homemade baklava and assorted homemade Greek pastries, beverages, face-painting and hard-hats for the children. The family-fun celebration is free and open to the public.
- ♦ **PASCHAL CONCERT:** With the blessing of His Eminence Archbishop Demetrios of America the Archdiocesan School of Byzantine Music is happy to announce that today, Sunday, May 19, 2013 the Archdiocesan Byzantine Choir will offer their Paschal concert in honor of His Beatitude Archbishop Ieronymos II of Athens on the occasion of his first ever visit to the Greek Orthodox Archdiocese of America. Tickets: \$50, \$30. For tickets call: 1 800 838 3006. Sunday, May 19th at 7:00 PM. Archdiocesan Cathedral of the Holy Trinity, 319 East 74th Street, NY.

- ♦ **OCMC MISSION BANQUET:** You are cordially invited to a banquet benefiting the Orthodox Christian Mission Center (OCMC) at St. Katherine Greek Orthodox Church in Falls Church, VA on May 21st at 6:30pm. Special guest speakers include OCMC Board President Fr. George Liacopoulos, OCMC Missionary Maria Roeber, and OCMC Executive Director Fr. Martin Ritsi. E-mail Dr. John Demakis at demakis9931@gmail.com for more information. Tickets: \$25; Uner 18: \$10. Reservation deadline: May 17th, 2013.

ARTOKLASIA SERVICE:

The Artoklasia service today, is chanted for the good health of Kostas Nathenas.

SERVICE SCHEDULE:

Monday, May 20, 2013: Great Vespers (Πασηγγορικός Εσπερινός), 7:00 PM
Feast Day of our Church, Saints Constantine and Helen.

Tuesday, May 21, 2013: Orthros followed by Divine Liturgy, 8:30 AM
Feast Day of our Church, Saints Constantine and Helen

SUPPORT FOR ABDUCTED SYRIAN HIERARCHS:

The Archdiocese encourages all of her members to show their continuing support for kidnapped archbishops Paul and John of Aleppo, first and foremost through heartfelt prayer. We also encourage people to sign and promote the online petition available here at the website of the White House, calling for United States government action on behalf of the abducted metropolitans.

Support and attention for Archbishop Paul and Archbishop John continues to grow. The Assembly of Canonical Orthodox Bishops of North and Central America has published their joint letter to US Secretary of State John Kerry here. The Greek Orthodox Archdiocese has published Ecumenical Patriarch Bartholomew's call for the release of the archbishops. The Russian Orthodox Church has published several statements, including the patriarchal message from Patriarch Kirill to Patriarch John X available here, along with the list of documents available below. Pope Francis of the Roman Catholic Church prayed for the release of the metropolitans, as announced here. The Archdiocese is grateful for these and all other ongoing efforts for the sake of Archbishop Paul and Archbishop John, and all our brothers and sisters suffering in the region.

Please use the link below.

<http://www.antiochian.org/support-abducted-syrian-hierarchs>

SUNDAY OF THE MYRRH - BEARING WOMEN:

About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed after Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to the sepulchre, bearing the myrrh-oils they had prepared to anoint His body. It is because of the myrrh-oils, that these God-loving women brought to the tomb of Jesus that they are called the Myrrh-bearers. Of those whose names are known are the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called "the mother of James and Joses" (these are the sons of Joseph by a previous marriage, and she was therefore their step-mother); Mary Magdalene (celebrated July 22); Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee, Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence (Matt 27:55-56; 28:1-10. Mark 15:40-41. Luke 8:1-3; 23:55-24:11, 22-24. John 19:25; 20:11-18. Acts 1:14).

Together with them we celebrate also the secret disciples of the Saviour, Joseph and Nicodemus. Of these, Nicodemus was probably a Jerusalemite, a prominent leader among the Jews and of the order of the Pharisees, learned in the Law and instructed in the Holy Scriptures. He had believed in Christ when, at the beginning of our Saviour's preaching of salvation, he came to Him by night. Furthermore, he brought some one hundred pounds of myrrh-oils and an aromatic mixture of aloes and spices out of reverence and love for the divine Teacher (John 19:39). Joseph, who was from the city of Arimathea, was a wealthy and noble man, and one of the counsellors who were in Jerusalem. He went boldly unto Pilate and asked for the body of Jesus, and together with Nicodemus he gave Him burial. Since time did not permit the preparation of another tomb, he placed the Lord's body in his own tomb which was hewn out of rock, as the Evangelist says (Matt. 27:60).

