

Saints Constantine and Helen Greek Orthodox Church
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August 4, 2013

6th Sunday of Matthew - ΣΤ' Κυριακή Ματθαίου

We welcome all visitors among us always! We hope you find our worship true and reverent and our people here friendly and cordial. If you are seeking a spiritual home, we would be honored by your presence in our family. We are glad you chose to worship with us today.

The NICENE CREED will be read in ENGLISH today

The LORD'S PRAYER will be read in GREEK and ENGLISH today

Απολυτίκιον τῶν Ἁγίων Τοῦ Ναοῦ μας - Αγ. Κωνσταντίνου και Ελένης

Τοῦ Σταυροῦ σου τὸν τύπον ἐν οὐρανῷ θεασάμενος, καὶ ὡς ὁ Παῦλος τὴν κλήσιν οὐκ ἐξ ἀνθρώπων δεξάμενος, ὁ ἐν βασιλεύσιν, Ἀπόστολός σου Κύριε, Βασιλεύουσαν πόλιν τῆ χειρὶ σου παρέθετο ἦν περίσωζε διὰ παντὸς ἐν εἰρήνῃ, πρεσβείαις τῆς Θεοτόκου, μόνε Φιλάνθρωπε.

Apolytikion of our Church Saints - Sts. Constantine and Helen

Having seen the image of Thy Cross in Heaven, and like Paul, having received the call not from men, Thine apostle among kings entrusted the commonwealth to Thy hand, O Lord. Keep us always in peace, by the intercessions of the Theotokos, O only Friend of man.

Απολυτίκιον Τοῦ φιλοξενούντος Ναοῦ - Αγ. Ανδρέα

Ὡς τῶν Ἀποστόλων Πρωτόκλητος, καὶ τοῦ Κορυφαίου ἀτάδελφος, τὸν Δεσπότην τῶν ὄλων Ἀνδρέα ικέτευε, εἰρήνην τῆ οἰκουμένη δωρήσασθαι, καὶ ταῖς ψυχαῖς ἡ μῶν τὸ μέγα ἔλεος.

Apolytikion of the host Church - St. Andrew

As first of the Apostles to be called, O Andrew, brother of him (Peter) who was foremost, beseech the Master of all to grant the world peace and our souls great mercy.

The EPISTLE will be read in GREEK and ENGLISH today

Σὸ Κύριε, φυλάξαις ἡμᾶς καὶ διατηρήσαις ἡμᾶς.

Στίχ. Σῶσον με, Κύριε, ὅτι ἐκέλειπεν ὄσιος.

Πρὸς Ῥωμαίους Επιστολῆς Παύλου τὸ Ἀνάγνωσμα (12:6-14)

Ἀδελφοί, ἔοντες δὲ χαρίσματα κατὰ τὴν χάριν τὴν δοθεῖσαν ἡμῖν διάφορα, εἴτε προφητείαν, κατὰ τὴν ἀναλογίαν τῆς πίστεως· εἴτε διακονίαν, ἐν τῇ διακονίᾳ· εἴτε ὁ διδάσκων, ἐν τῇ διδασκαλίᾳ· εἴτε ὁ παρακαλῶν, ἐν τῇ παρακλήσει· ὁ μεταδιδούς, ἐν ἀπλότητι· ὁ προϊστάμενος, ἐν σπουδῇ· ὁ ἐλεῶν, ἐν ἰλαρότητι. Ἡ ἀγάπη ἀνυπόκριτος. Ἀποστυγοῦντες τὸ πονηρόν, κολλώμενοι τῷ ἀγαθῷ. Τῇ φιλαδελφίᾳ εἰς ἀλλήλους φιλόστοργοι· τῇ τιμῇ ἀλλήλους προηγούμενοι· τῇ σπουδῇ μὴ ὀκνηροί· τῷ πνεύματι ζέοντες· τῷ κυρίῳ δουλεύοντες· τῇ ἐλπίδι χαίροντες· τῇ θλίψει ὑπομένοντες· τῇ προσευχῇ προσκαρτεροῦντες· ταῖς χρείαις τῶν ἁγίων κοινωνοῦντες· τὴν φιλοξενίαν διώκοντες. Εὐλογεῖτε τοὺς διώκοντας ὑμᾶς· εὐλογεῖτε, καὶ μὴ καταρᾶσθε.

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

St. Paul's Letter to the Romans (12:6-14)

BRETHREN, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

The GOSPEL will be read in GREEK and ENGLISH today

The Reading is from Matthew (9:1-8)

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he

rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

Κατὰ Ματθαῖον (9:1-8)

Τῷ καιρῷ ἐκεῖνῳ, ἐμβὰς εἰς πλοῖον διεπέρασε καὶ ἤλθεν εἰς τὴν ἰδίαν πόλιν. Καὶ ἰδοὺ προσέφερον αὐτῷ παραλυτικὸν ἐπὶ κλίνης βεβλημένον· καὶ ἰδὼν ὁ Ἰησοῦς τὴν πίστιν αὐτῶν εἶπε τῷ παραλυτικῷ· θάρσει, τέκνον· ἀφέωνταί σοι αἱ ἁμαρτίαι σου. καὶ ἰδοὺ τινες τῶν γραμματέων εἶπον ἐν ἑαυτοῖς· οὗτος βλασφημεῖ. καὶ ἰδὼν ὁ Ἰησοῦς τὰς ἐνθυμήσεις αὐτῶν εἶπεν· ἵνα τί ὑμεῖς ἐνθυμεῖσθε πονηρὰ ἐν ταῖς καρδίαις ὑμῶν; τί γὰρ ἐστὶν εὐκοπώτερον, εἰπεῖν, ἀφέωνταί σοι αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἐπὶ τῆς γῆς ἀφιέναι ἁμαρτίας - τότε λέγει τῷ παραλυτικῷ· ἐγερθεὶς ἄρον σου τὴν κλίνην καὶ ὕπαγε εἰς τὸν οἶκόν σου. καὶ ἐγερθεὶς ἀπῆλθεν εἰς τὸν οἶκον αὐτοῦ. ἰδόντες δὲ οἱ ὄχλοι ἐθαύμασαν καὶ ἐδόξασαν τὸν Θεὸν τὸν δόντα ἐξουσίαν τοιαύτην τοῖς ἀνθρώποις.

CHURCH ANNOUNCEMENTS:

- ♦ **ALTAR BOYS:** All Altar Boy Groups will be Serving in the Altar today.
- ♦ **GOYA:** If you are in grades 7th - 12th and are interested in joining GOYA for Faith, Friends, Fellowship and Fun please contact either Anna Maria Psallidas GOYA President: miacutie1331@aol.com or Alexandra Pittas Advisor: pittasa@verizon.net

Our annual basketball tournament will be held October 5th and 6th. Please mark your calendars! Thank you to all who supported our Ad Book your contributions helped greatly! We appreciate your kindness!

- ♦ **SUNDAY SCHOOL:** We are sorry to announce that the Vacation Church School is cancelled. Hopefully we can have more interest for next summer.
- ♦ **YAL:** The YAL is starting a new Greek Dance Troupe for those 16 years old to YAL age. Please contact Maria Romas for more information at mromas3@gmail.com
- ♦ **JUST A THOUGHT:** Please know that anyone may make a monetary donation in lieu of a gift for a special occasion or a birthday, to our Nea Zoe Building Fund.

At this time many in our parish have elected to do so, and Nea Zoe gratefully accepts, appreciates, and acknowledges all such gifts!

- ♦ **SAVE THE DATE:** A grand affair to celebrate our "ground breaking year!"
Sts. Constantine and Helen Greek Orthodox Church of Washington, D.C. Fundraiser Gala.
Saturday, November 2, 2013, at The Bolger Center, Potomac, Maryland.

Greek Festival of Sts. Constantine and Helen Greek Orthodox Church of Washington, D.C.
Saturday and Sunday, October 12 & 13, 2013 at St. Andrew Ukrainian Orthodox Cathedral,
Silver Spring, Maryland.

FUTURE MEMORIALS:

August 18, 2013	Mary F. Schmidt	40 Days
August 18, 2013	Artemis (Diane) F. Ely	40 Days

SERVICE SCHEDULE:

Monday, August 5, 2013:	Great Vespers (Εσπερινός Μεταμορφώσεως).....	07:00 PM
Tuesday, August 6, 2013:	Holy Transfiguration (Μεταμορφώσεως).....	08:30AM
	Orthros Followed by Divine Liturgy (Ορθρος και Θ. Λειτουργία)	
Wednesday, August 7, 2013:	Small Paraklesis (Μικρή Παράκληση).....	07:00 PM
Thursday, August 8, 2013:	Great Paraklesis (Μεγάλη Παράκληση).....	09:00 AM
Friday, August 9, 2013:	Small Paraklesis (Μικρή Παράκληση).....	07:00 PM

DORMITION PARAKLESIS TO THE THEOTOKOS

A paraklesis is a service of supplication specifically for the living (as opposed to a Memorial Service, which is a supplication for the departed). This service is most often addressed to the Theotokos, but may be used to seek the intercessions of any saint. The distinguishing feature of a paraklesis is the inclusion of a supplicatory canon to the saint whose intercessions are being sought. A paraklesis can be served as a stand-alone service or, in a slightly abbreviated form, in conjunction with Vespers. It is appropriate to be served at any time of need.

During the Dormition Fast (August 1-14), a paraklesis is appointed to be served each evening, except on Saturday evenings and the eves of the feasts of Transfiguration (August 5) and Dormition (August 14).

The parakleses of the Dormition Fast use, on alternate days, the Small Supplicatory Canon to the Most Holy Theotokos (composed by Theosterictus the Monk in the 9th Century) and the Great Supplicatory Canon to the Most Holy Theotokos (composed by Emperor Theodore I Ducas Lascaris in the 13th century).

The cycle of the Dormition parakleses is determined by two rules of thumb: (a) the cycle begins with the Small Supplicatory Canon whenever August 1 falls on a Monday through Friday; and (b) on Sunday evenings, the Great Supplicatory Canon is always appointed.



OCTOBER 12 & 13, 2013

ST. ANDREW UKRAINIAN ORTHODOX CATHEDRAL

SILVER SPRING, MARYLAND

SAINTS CONSTANTINE AND HELEN
GREEK ORTHODOX CHURCH
OF WASHINGTON, DC

Nea Zoe Fundraiser
GALA

2013 A Groundbreaking Year

NOVEMBER 2, 2013
THE BOLGER CENTER
POTOMAC, MARYLAND

